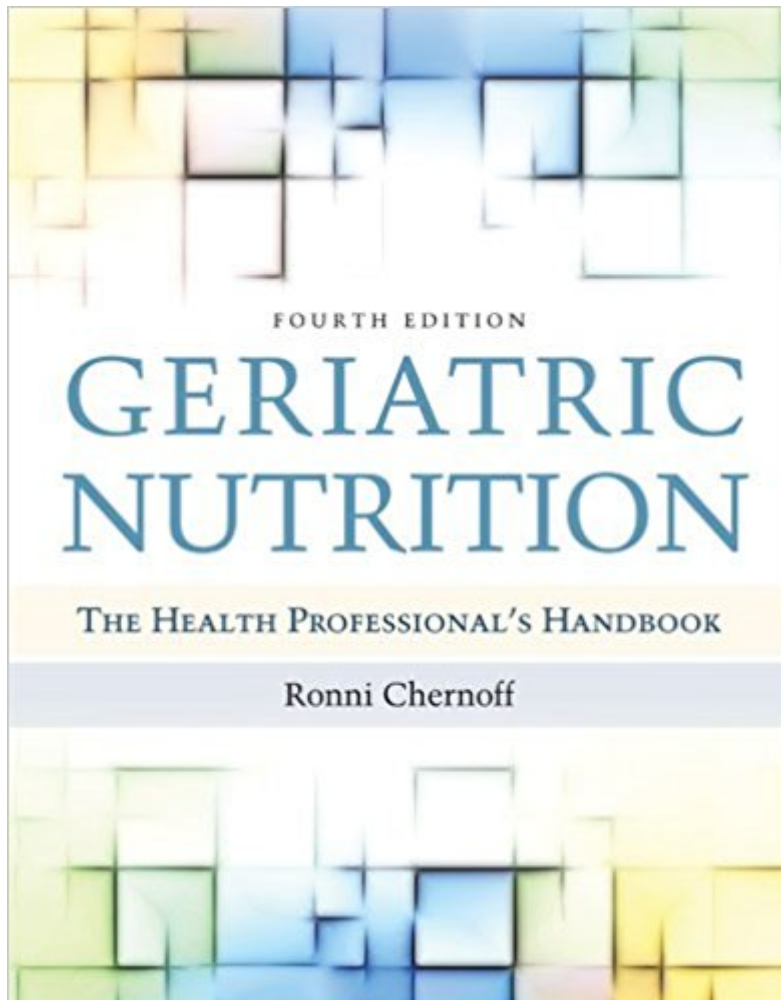




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Geriatric Nutrition: The Health Professional's Handbook



Synopsis

Updated to keep pace with changes in the field, *Geriatric Nutrition: The Health Professional's Handbook*, Fourth Edition, offers you an authoritative reference to help you understand the role of nutrition in the maintenance of health, the management of chronic conditions, and the treatment of serious illness. The Fourth Edition of this best-selling text provides a comprehensive review of nutritional assessment, intervention programs for the elderly, and health promotion activities.

Book Information

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Customer Reviews

As a nutrition student, this is not helpful. It is 90% biology based and 10% nutrition. Furthermore, I was taught that when doing research to use material only five years old. When looking at the references from each chapter I noticed that about half of the sources were from 2000 or earlier. Some of her references are from the 1940s. On page 314 it states, "In the United States, the prevalence rates for iron-deficiency anemia were recently reported in NHANES III (1988-1994)..." The 1990s is NOT recent. Unfortunately, her information is so outdated, that I don't find it reliable.

Extremely comprehensive but it is a difficult read. I feel I would get more out of it if it summarized the point instead of discussing study details

Each subject had plenty of research sources to reinforce the validity of presented topic. Each

chapter flows. Having been in the geriatric field for several years myself, I can say that this author is a master of this field of study.

It provides information that individuals as myself who are 50 or above need to be aware of on how our bodies are in decline and need to adjust to nutrition concerns.

I work in geriatric nutrition. It's a great reference book but it's 550 pages are pretty useless in the field.

No problems getting the book and its in great condition. The most affordable option I could find as well

Very helpful

It's a very useful book. for those studying gerontology it's a very handy book.

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